

Lunch menu – Week 1 weeks commencing

	Monday	Tuesday	Wednesday	Thursday	Friday
Main-Meal	Sausage and mash with peas, carrots & gravy (DF)	Chicken Tikka Masala with rice	Gammon or chicken with roast potatoes, Yorkshire puddings, gravy & vegetables (GF-DF)	Tomato sauce (DF) with pasta, garlic bread & sweetcorn	Beef Burger, Fish Fingers (GF) with chips (GF-DF) & beans (GF-DF)
Main meal KS1	Sausage & mash With peas, carrots & gravy (DF)	Chicken Tikka Masala with rice (GF-DF)	Gammon or chicken with roast Potatoes, Yorkshire puddings gravy & vegetables (GF-DF)	Tomato sauce (DF) with pasta, garlic bread & sweetcorn	Beef Burger (Fish Fingers (GF) with chips (GF-DF) & baked beans (GF-DF)
Vegetarian	Vegan sausage & mash with peas, carrots & gravy (DF)	Chickpea tikka Masala with rice (GF-DF)	Roasted vegetable open tart OR	Tomato sauce (DF) with pasta, garlic bread & sweetcorn	Vegan buttermilk style burger
	Jacket potato upon request (GF-DF)	Jacket potato upon request (GF-DF)	Jacket potato upon request (GF-DF)	Jacket potato upon request (GF-DF)	Jacket potato upon request (GF-DF)
	Apple crumble	Strawberry Mousse	Fruit jelly (GF-DF-V)	Flapjack	Fresh fruit salad (GF-DF)
Dessert options	Fresh fruit & yogurts	Fresh fruit & yogurts	, Fresh fruit & yogurts	Fresh fruit & yogurts	Fresh fruit & yogurts

Salad Bar

& other Self-service freshly prepared salads to include tuna, boiled eggs, sliced ham, pasta, coleslaw, mixed leaves, tomato, cucumber, beetroot, carrots & peppers, condiments & dressings. Jacket potato or Sandwich on request.

All food freshly cooked using seasonal produce when available.

Menus are subject to change due to seasonality and availability of produce Dietary key GF-gluten free DF- dairy free Allergy-speak to our kitchen team for help



Lunch menu – Week 2 weeks commencing

	Monday	Tuesday	Wednesday	Thursday	Friday
Main-Meal	Golden Chicken nuggets, Potato wedges with seasonal vegetables	Beef meatballs with rice & broccoli (GF-DF)	Gammon or Turkey with roast potatoes, Yorkshire puddings, gravy & vegetables (GF-DF)	Macaroni cheese With corn on the cob & garlic bread	Hot Dogs (-DF), Fish fingers (GF)chips (GF-DF) & beans (GF-DF)
/ain meal KS1	Golden Chicken nuggets, Potato wedges with seasonal vegetables	Beef meatballs with rice & broccoli (GF-DF)	Gammon or Turkey with roast potatoes, Yorkshire puddings, seasonal vegetables & gravy (GF-DF)	Macaroni cheese With corn on the cob & garlic bread	Hot Dogs (DF), Fish finger (GF)chips (GF-DF) & beans (GF-DF)
Vegetarian	Golden south fried Vegan Nuggets Potato wedges with seasonal vegetables	Veggie meatballs rice & broccoli (GF-DF)	Roasted Quorn fillet with roast potatoes, Yorkshire puddings, seasonal vegetables &	Macaroni cheese With corn on the cob & garlic bread	Moving Mountains Hot dogs (DF) with chips (GF-DF) & Beans (Gf-DF)
	Jacket potato upon request (GF-DF)	Jacket potato upon request (GF-DF)	gravy (GF-DF)	Jacket potato upon request (GF- DF)	Jacket potato upon request (GF-DF)
	Apple crumble with custard	Doughnuts	Fresh fruit salad (GF-DF-V)	Rice crispy cake	Choc ice
Dessert options	Fresh fruit & yogurts	Fresh fruit, yogurts	Fresh fruit & yogurts	Fresh fruit & yogurts	Fresh fruit & yogurts

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Lunch Menu – Week 3 weeks commencing

	Monday	Tuesday	Wednesday	Thursday	Friday
Main Meal	Sausage, mash with peas & carrots (DF)	Baked Breaded fish With steamed potatoes & green beans	Gammon or Turkey with roast potatoes, Yorkshire puddings, gravy & vegetables (GF-DF)	Pasta Bolognaise (DF) With garlic bread & sweetcorn	Sausage roll, Fish Fingers with chips (GF-DF) & beans
Main Meal KS1	Sausage, mash with peas & carrots (DF)	Baked Breaded fish With steamed potatoes & green beans	Gammon or Turkey with roast potatoes, Yorkshire puddings, gravy & vegetables (GF- DF)	Pasta Bolognaise (DF) With garlic bread & sweetcorn	Sausage roll, Fish Fingers with chips (GF-DF)) & beans
Vegetarian Option	Sausage, mash with peas & carrots (DF) (DF) Jacket potato upon request	Vegan battered fish free with steamed potatoes & green beans	Marinated Quorn fillet with roast potatoes, seasonal vegetables & gravy	Tomato sauce (DF) with pasta, garlic bread & sweetcorn	Vegan sausage roll Chips & Beans (Gf- DF)
	(GF-DF)	Jacket potato upon request (GF-DF)	(GF-DF)	Jacket potato upon request (GF- DF)	Jacket potato upon request (GF-DF)
	Chocolate sponge brownie	Fruit crumble with custard	Mandarin Jelly (GF-DF-V)	Flap Jack (DF)	Fresh fruit salad (GF-DF-V)
Dessert	Fresh fruit & yogurts	Fresh fruit, yogurts	Fresh fruit & yogurts	Fresh fruit & yogurts	Fresh fruit & yogurts
Salad Bar & other	Self-service freshly prepared sala condiments & dressings. Jacket			nixed leaves, tomato, cucumber,	beetroot, carrots & peppers,

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Lunch Menu – Week 4 weeks commencing

	Monday	Tuesday	Wednesday	Thursday	Friday
Main Meal	Chilli con carne with rice & seasonal vegetables (GF- DF)	Chicken goujon fajita wraps With rice, tomato sauce & roasted vegetables	Gammon or chicken with roast potatoes, Yorkshire puddings, gravy & vegetables (GF-DF)	Beef meatballs with penne pasta & broccoli (DF)	Pepperoni Pizza, chips & beans (GF-DF)
Main Meal KS1	Chilli con carne with rice & seasonal vegetables (GF- DF)	Chicken goujon fajita wraps With rice, tomato sauce & roasted vegetables	Gammon or chicken with roast potatoes, Yorkshire puddings, seasonal vegetables & gravy (GF-DF)	Swedish Beef meatballs & tomato sauce with rice & broccoli (GF-DF	Pepperoni (GF)chips (GF-DF) & beans (GF-DF)
Vegetarian	Quorn Chilli con carne with rice & seasonal vegetables (DF)	Quorn veggie nuggets With rice & tortilla chips	Vegan buffalo wings with roast potatoes, Yorkshire puddings, seasonal vegetables & gravy (DF)	Swedish Veggie meatballs rice & broccoli (GF- DF)	Margarita Pizza chips (GF-DF) & beans (GF-DF)
	Jacket potato upon request (GF-DF)	Jacket potato upon request (GF-DF)	Jacket potato upon request (GF-DF)	Jacket potato upon request (GF-DF)	Jacket potato upon request (GF-DF)
Dessert option	Chocolate Mousse	Raspberry swirl cake	Fresh fruit salad (GF-DF-V)	Banoffee pie	Fruit Jelly (GF-DF-V)
	Fresh fruit & yogurts	Fresh fruit, yogurts	Fresh fruit & yogurts	Fresh fruit & yogurts	Fresh fruit & yogurts

Salad Bar & other **Self-Self Vice Treship prepared salads to Include tuna, boiled eggs, sill condiments & dressings. Jacket potato or Sandwich on request.**

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