



Lunch menu – Week 1 weeks commencing 4/9, 2/10, 30/10, 27/11

	Monday	Tuesday	Wednesday	Thursday	Friday
Main-Meal	Sausage and mash with peas, carrots & gravy (DF)	Chicken Tikka Masala with rice Chicken Madras with rice (GF, DF)	Gammon or chicken with roast potatoes, Yorkshire puddings, gravy & vegetables (GF-DF)	Tomato sauce (DF) with pasta, garlic bread & sweetcorn	Beef burger, fish fingers (GF) with chips (GF-DF) & beans (GF-DF)
Main meal KS1	Sausage & mash With peas, carrots & gravy (DF)	Chicken Tikka Masala with rice (GF-DF)	Gammon or chicken with roast potatoes, Yorkshire puddings gravy & vegetables (GF-DF)	Tomato sauce (DF) with pasta, garlic bread & sweetcorn	Beef burger, fish fingers (GF) with chips (GF-DF) & baked beans (GF-DF)
Vegetarian	Vegan sausage & mash with peas, carrots & gravy (DF) Jacket potato upon request (GF-DF)	Chickpea tikka Masala with rice (GF-DF) Jacket potato upon request (GF-DF)	Roasted vegetable open tart OR Roasted Quorn fillet (GF-DF)	Tomato sauce (DF) with pasta, garlic bread & sweetcorn Jacket potato upon request (GF-DF)	Vegan buttermilk style burger Jacket potato upon request (GF-DF)
Dessert options	Strawberry Mousse Fresh fruit & yogurts	White choc chip cookie Fresh fruit & yogurts	Fruit jelly (GF-DF-V) Fresh fruit & yogurts	Millionaire shortbread Fresh fruit & yogurts	Fresh fruit salad (GF-DF) Fresh fruit & yogurts

Salad Bar & other Self-service freshly prepared salads to include tuna, boiled eggs, sliced ham, pasta, coleslaw, mixed leaves, tomato, cucumber, beetroot, carrots & peppers, condiments & dressings. **Jacket potato or sandwich on request.**

All food freshly cooked using seasonal produce when available.

Menus are subject to change due to seasonality and availability of produce Dietary key GF-gluten free DF- dairy free

Allergy-speak to our kitchen team for help



Lunch menu – Week 2 weeks commencing 11/9, 9/10, 6/11, 4/12

	Monday	Tuesday	Wednesday	Thursday	Friday
Main-Meal	Golden chicken nuggets, potato wedges with seasonal vegetables	Beef meatballs with rice & broccoli (GF-DF)	Gammon or turkey with roast potatoes, Yorkshire puddings, gravy & vegetables (GF-DF)	Texan baked BBQ chicken with corn on the cob & new potatoes	Hot dogs (-DF), fish fingers (GF) chips (GF-DF) & beans (GF-DF)
Main meal KS1	Golden chicken nuggets, potato wedges with seasonal vegetables	Beef meatballs with rice & broccoli (GF-DF)	Gammon or turkey with roast potatoes, Yorkshire puddings, seasonal vegetables & gravy (GF-DF)	Texan baked BBQ chicken with corn on the cob & new potatoes (GF-DF)	Hot dogs (DF), fish finger (GF) chips (GF-DF) & beans (GF-DF)
Vegetarian	Golden south fried vegan nuggets potato wedges with seasonal vegetables Jacket potato upon request (GF-DF)	Veggie meatballs rice & broccoli (GF-DF) Jacket potato upon request (GF-DF)	Falafel with roast potatoes, Yorkshire puddings, seasonal vegetables Roasted Quorn fillet (GF-DF)	Texan spiced BBQ mock lamb stir-fry (GF-DF) Jacket potato upon request (GF-DF)	Moving mountains hot dogs (DF) with chips (GF-DF) & beans (Gf-DF) Jacket potato upon request (GF-DF)
Dessert options	Apple crumble with custard Fresh fruit & yogurts	Doughnuts Fresh fruit, yogurts	Fresh fruit salad (GF-DF-V) Fresh fruit & yogurts	Banoffee pie Fresh fruit & yogurts	Choc ice Fresh fruit & yogurts
Salad bar & other	Self-service freshly prepared salads to include tuna, boiled eggs, sliced ham, pasta, coleslaw, mixed leaves, tomato, cucumber, beetroot, carrots & peppers, condiments & dressing. Jacket potato or sandwich on request.				

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Lunch Menu – Week 3 weeks commencing 18/9, 16/10, 3/11, 11/12

	Monday	Tuesday	Wednesday	Thursday	Friday
Main Meal	Boston baked beans & sausage, mash with peas, carrots (DF)	Baked breaded fish with steamed potatoes & green beans	Gammon or turkey with roast potatoes, Yorkshire puddings, gravy & vegetables (GF-DF)	Pasta bolognese (DF) with garlic bread & sweetcorn	Southern fried chicken, fish fingers (GF) with chips (GF-DF) & beans
Main Meal KS1	Boston baked beans & sausage, mash with peas, carrots (DF)	Baked breaded fish with steamed potatoes & green beans	Gammon or turkey with roast potatoes, Yorkshire puddings, gravy & vegetables (GF-DF)	Pasta bolognese (DF) with garlic bread & sweetcorn	Southern fried chicken, fish fingers (GF) with chips (GF-DF) & beans
Vegetarian Option	Boston baked beans & veggie sausage & mash with peas, carrots (DF) Jacket potato upon request (GF-DF)	Vegan battered fish free with steamed potatoes & green beans Jacket potato upon request (GF-DF)	Marinated Quorn fillet with roast potatoes, seasonal vegetables & gravy (GF-DF)	Tomato sauce (DF) with pasta, garlic bread & sweetcorn Jacket potato upon request (GF-DF)	Vegan fishless fingers chips (GF-DF) & beans (GF-DF) Jacket potato upon request (GF-DF)
Dessert	Chocolate sponge brownie Fresh fruit & yogurts	Peach crumble with custard Fresh fruit, yogurts	Mandarin jelly (GF-DF-V) Fresh fruit & yogurts	Flapjack (DF) Fresh fruit & yogurts	Fresh fruit salad (GF-DF-V) Fresh fruit & yogurts
Salad Bar & other	Self-service freshly prepared salads to include tuna, boiled eggs, sliced ham, pasta, coleslaw, mixed leaves, tomato, cucumber, beetroot, carrots & peppers, condiments & dressings. Jacket potato or sandwich on request.				

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Lunch Menu – Week 4 weeks commencing 25/9, 23/10, 20/11

	Monday	Tuesday	Wednesday	Thursday	Friday
Main Meal	Cottage pie with seasonal vegetables & gravy (GF-DF)	Chicken goujon fajita wraps with rice, tomato sauce & roasted vegetables	Gammon or chicken with roast potatoes, Yorkshire puddings, gravy & vegetables (GF-DF)	Swedish beef meatballs with rice & broccoli (GF-DF)	Pepperoni pizza, chips & beans (GF-DF)
Main Meal KS1	Cottage pie with seasonal vegetables & gravy (GF-DF)	Chicken goujon fajita wraps with rice, tomato sauce & roasted vegetables	Gammon or chicken with roast potatoes, Yorkshire puddings, seasonal vegetables & gravy (GF-DF)	Swedish beef meatballs & tomato sauce with rice & broccoli (GF-DF)	Pepperoni (GF)chips (GF-DF) & beans (GF-DF)
Vegetarian	Soy mince shepherd's hotpot with seasonal vegetables & gravy (GF-DF) Jacket potato upon request (GF-DF)	Quorn veggie nuggets with rice & tortilla chips Jacket potato upon request (GF-DF)	Vegan buffalo wings with roast potatoes, Yorkshire puddings, seasonal vegetables & gravy (DF) Jacket potato upon request (GF-DF)	Swedish veggie meatballs rice & broccoli (GF-DF) Jacket potato upon request (GF-DF)	Margarita pizza chips (GF-DF) & beans (GF-DF) Jacket potato upon request (GF-DF)
Dessert option	Chocolate mousse Fresh fruit & yogurts	Raspberry swirl cake Fresh fruit, yogurts	Fresh fruit salad (GF-DF-V) Fresh fruit & yogurts	Choc ice Fresh fruit & yogurts	Fruit jelly (GF-DF-V) Fresh fruit & yogurts
Salad Bar & other	Self-service freshly prepared salads to include tuna, boiled eggs, sliced ham, pasta, coleslaw, mixed leaves, tomato, cucumber, beetroot, carrots & peppers, condiments & dressings. Jacket potato or sandwich on request.				

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